

## **Skagit Bicycle Club COVID Policy**

The Skagit Bicycle Club encourages all participants in our Club sponsored events to act responsibly and **get one of the approved COVID vaccines to protect yourself and others.**

\*Note: “Vaccinated” means a person who has received the required regimen of vaccine doses (depending on manufacturer) AND has waited two or more weeks since receiving the final dose of their COVID-19 vaccine. If a person has received vaccine shots and not reached the two-week milestone, they are considered “unvaccinated.” Those persons who have not yet completed their full shot-and-wait regimen (not yet fully vaccinated) are also considered “unvaccinated” and they should follow the “unvaccinated” guidelines.

Prior to participating in a Skagit Bicycle Club event do a self-screening for COVID-19 symptoms including the following:

- Feverish?
- Chills?
- New or worsening cough?
- Shortness of breath?
- Sore throat?
- Diarrhea?
- Loss of sense of smell or taste?
- Close contact with someone who has COVID-19?
- Have you been tested for COVID-19, but do not have the results?

**If the answer to any of these questions is yes, do not participate in the event.**

**While participating in a Skagit Bicycle Club Event if you are unvaccinated you agree to:**

- No spitting or snot rockets. Use a handkerchief as necessary.
- Maintain more than 6ft of distance when off the bike.
- Wash or sanitize your hands before the ride.
- Do not share snacks, water bottles or tools.